



STUDENT HEALTH SERVICES



TO ALL FACULTY MEMBERS:

We offer more than band-aids and condoms... 😊

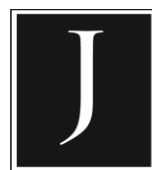
The John Jay Student Health Center is offering Health, Nutrition and Sex, Alcohol and Drug Abuse Education to the College Community. Our Certified Health Education Specialist is available to attend your classes to educate students in the different areas of health and its effect on academics and a healthful lifestyle.

- **Health Education** – stress and time management, test anxiety, depression etc.
- **Nutrition** – eating healthy on a budget, reading food labels, diabetes and hypertension, daily calorie intake.
- **Sex/Sexuality Education** – contraception options, condom use, safe sex, unwanted pregnancy, human sexuality, HIV/AIDS and other types of STD/STIs.
- **Drug & Alcohol Education** –learn about the different types of drugs (street and club), drug and alcohol misuse and abuse, binge drinking.

Contact: Malaine Clarke, CHES, in the Student Health Center and set up an appointment for her to present to your class.

Contact: 212-237-8052 or e-mailed maclarke@jjay.cuny.edu.

Education is the key to a happy, healthy lifestyle



JOHN JAY COLLEGE
THE CITY UNIVERSITY OF NEW YORK
OF CRIMINAL JUSTICE